

Marathon	
Senior Men	3hrs
Ian Cousins	2:29:00
Paul O'Callaghan	2:33:56
Pat Wright	2:35:36
Dave Freeman	2:43:33
Peter Mills	2:44:23
Simon Booth	2:45:49
Rob Doman	2:48:40
Peter Parker	2:49:56
Alan Bell	2:50:31
Bob Heppenstall	2:51:14
John Melbourne	2:52:04
Geoff Burrows	2:53:11
Men M40	3hrs 15
Dave Freeman	2:35:21
Dave Williamson	2:43:37
Alan Strachan	2:47:08
Terry Bissett	2:49:00
Peter Stevens	2:55:47
Steve Hutton	3:02:14
Brian Kolbe	3:04:02
Mark Todd	3:07:49
Mike Towersey	3:13:48
Men M50	4hrs
Dave Freeman	2:46:25
Dave Williamson	2:53:41
Roy Harrison	3:00:08
Simon Boddy	3:04:40
Tim Wilkes	3:13:36
Steve Hutton	3:15:02
Norman Milton	3:23:48
Dennis Sexton	3:27:02
Mark Lowther	3:30:55
John Humphries	3:34:00
Paul Taylor	3:48:45
Tony Pearson	3:50:48
John Tedder	3:54:30
Jim Brown	3:55:00
Andrew Morrison	3:59:56
Men M60	5 hrs
Steve Hutton	3:18:08
Peter Rand	3:21:40
Graham Hockings	3:56:12
Jim Brown	4:47:00
Men M70	6 hrs 40
Jim Brown	5:37:59
Stephen Robinson	6:39:36

Half Marathon	
Senior Men	1 Hr 20
Ian Cousins	1:09:10
Dave Jackson	1:13:10
Pat Wright	1:13:17
John Turvey	1:13:26
Paul O'Callaghan	1:13:39
Peter Mills	1:13:45
Dave Freeman	1:14:32
Peter Parker	1:14:48
Graham Turner	1:16:47
Men M40	1 Hr 30
Dave Freeman	1:14:12
Dave Williamson	1:15:47
Ron Marsh	1:17:52
Terry Bissett	1:18:50
Brian Kolbe	1:21:40
Alan Strachan	1:22:07
Tim Wilkes	1:22:26
Geoff Newton	1:22:46
Steve Hutton	1:23:42
Dennis Sexton	1:24:11
Mark Todd	1:29:12
Men M50	1 Hr 40
Dave Freeman	1:18:26
Simon Boddy	1:26:14
Steve Hutton	1:27:10
Dennis Sexton	1:27:30
Tim Wilkes	1:29:00
Norman Milton	1:33:24
Paul Taylor	1:33:49
Jim Brown	1:34:41
Mark Lowther	1:38:01
Men M60	2 Hrs 5
Peter Rand	1:25:17
Geoff Newton	1:25:38
Steve Hutton	1:35:41
Andrew Morrison	1:41:35
Alan Matthews	1:55:05
James (Jim) Duffy	1:59:28
Stephen Robinson	2:04:58
Men M70	2Hrs 40
Geoff Newton	1:35:01
Stephen Robinson	2:21:24
Jim Brown	2:37:50
Senior Ladies	1 Hrs 40
Viv Hill	1:26:00
Hazel Imeson	1:27:03

10 Miles	
Senior Men	60 mins
Ian Cousins	0:52:27
John Turvey	0:53:30
Peter Parker	0:54:37
Pat Wright	0:55:18
Paul O'Callaghan	0:55:49
Simon Shrub	0:56:15
Graham Turner	0:56:37
Alan Bell	0:56:49
Ron Marsh	0:57:04
Dave Freeman	0:57:43
Peter Mills	0:58:37
Steve Hutton	0:59:12
Men M40	65 mins
Terry Bissett	0:57:01
Dave Williamson	0:57:28
Dave Freeman	0:57:30
Keith Walker	0:57:47
Ron Marsh	0:58:36
Peter Smith	0:58:39
Brian Kolbe	1:00:16
Alan Strachan	1:01:05
Tim Wilkes	1:01:27
Bob Heppenstall	1:01:30
Steve Hutton	1:02:15
Men M50	70 mins
Dave Freeman	1:00:49
Dennis Sexton	1:01:27
Dick Clark	1:02:07
Phil Fenton	1:03:01
Steve Hutton	1:03:27
Norman Milton	1:08:37
John Humphries	1:08:41
Men M60	82 mins
Geoff Newton	1:04:55
Peter Rand	1:05:35
John Humphries	1:14:36
Steve Hutton	1:18:53
Andrew Morrison	1:21:12
Dick Clark	1:21:43
Men M70	90 mins
Geoff Newton	1:13:25
Senior Ladies	72 mins
Phyllis Flynn	1:02:10
Viv Hill	1:02:16
Mary Matthews	1:09:48
Jane Munn	1:11:12

Senior Ladies	3 hrs 30
Judy Oakley	2:51:00
Viv Hill	3:16:00
Pam Lomoro	3:17:12
Jeanette Whyte	3:19:00
Rebecca Willis	3:22:00
Hazel Imeson	3:23:00
Mary Matthews	3:25:14
Ladies F40	4 hrs
Hazel Imeson	3:14:13
Mary Matthews	3:25:00
Caroline Bamford	3:25:00
Sandra Marsh	3:34:00
Heather Fenton	3:42:26
Ladies F50	5 Hrs
Hazel Imeson	3:48:34
Jane Munn	3:56:33
Mary Matthews	4:05:00
Ladies F60	6 Hrs
Mary Matthews	5:00:34

Phyllis Flynn	1:29:02
Mary Matthews	1:31:34
Pam Lomoro	1:35:46
Jeanette Whyte	1:36:48
Dawn Jones	1:38:05
Ladies F35	1Hr 45
Hazel Imeson	1:29:49
Pam Lomoro	1:33:01
Caroline Bamford	1:38:22
Mary Matthews	1:40:31
Sarah Bell	1:43:42
Ladies F40	1 Hr 50
Hazel Imeson	1:33:55
Mary Matthews	1:37:13
Sandra Marsh	1:41:35
Ladies F50	2 Hrs 00
Jane Munn	1:46:29
Hazel Imeson	1:47:49
Mary Matthews	1:56:39
Ladies F60	2 Hrs 15
Mary Matthews	1:52:48
Hazel Imeson	2:04:49
Helene Hill	2:11:18

Ladies F35	75 mins
Judy Oakley	1:02:38
Hazel Imeson	1:02:54
Rebecca Willis	1:07:56
Heather Fenton	1:08:45
Mary Matthews	1:09:57
Jenny Poulter	1:12:11
Caroline Bamford	1:13:52
Ladies F40	80 mins
Hazel Imeson	1:07:30
Mary Matthews	1:10:05
Caroline Bamford	1:11:56
Sandra Marsh	1:13:50
Ladies F50	85 mins
Hazel Imeson	1:16:41
Jane Munn	1:19:14
Mary Matthews	1:23:24
Ladies F60	90 mins
Mary Matthews	1:26:12

10 Kilometres	
Senior Men	36 mins
Ian Cousins	31.48
Paul New	32.44
Paul O'Callaghan	33.26
Peter Mills	33.26
Simon Shrub	33.35
Graham Turner	34.08
Ron Marsh	34.10
Peter Parker	34.25
Pat Wright	34.30
Dave Freeman	34.41
Men M40	37 min 30
David Freeman	34.52
Terry Bissett	34.56
Ron Marsh	34.58
Dave Williamson	35.22
Brian Kolbe	36.53
Steve Hutton	37.01
Dennis Sexton	37.10
Geoff Newton	37.30
Men M50	43 min 30
Dave Freeman	36.34
Steve Hutton	37.25

5 Miles	
Senior Men	30 mins
Ian Cousins	25.20
Ron Marsh	26.52
Peter Mills	27.45
Graham Jukes	27.54
Warren Beese	28.16
Dave Baker	29.15
Graham Turner	29.27
Tony Trindade	29.40
Men M40	32 mins 30
Ron Marsh	27.24
Dave Williamson	28.03
Terry Bissett	28.09
Steve Hutton	28.47
Peter Smith	29.13
Dick Clark	30.19
Mike Towersey	30.28
Graham Gibbs	30.37
Men M50	35 mins
Dennis Sexton	29.37
Ron Marsh	30.10
Graham Gibbs	30.25
Steve Hutton	32.19

5K	
Senior Men	17 mins 30
Peter Mills	15.50
Ron Marsh	16.27
Paul O'Callaghan	16:28
Reg Payne	16.32
Pat Wright	16.39
Dave Halloway	16.41
Steve Hutton	17.06
Declan Flynn	17.29
Men M40	19 mins
Dave Freeman	17:06
Dave Williamson	17.20
Dick Clark	17.25
Ron Marsh	17.41
Tim Wilkes	18.26
Steve Hutton	18.35
Graham Gibbs	18.55
Men M50	20 mins
Ron Marsh	17.10
Dave Freeman	17:53
Phil Fenton	17.58
Steve Hutton	18.46
Dick Clark	19.07

Phil Fenton	37.50
Graham Gibbs	39.26
Simon Boddy	39.54
Ron Marsh	40.45
Dave Fisher	41.00
Peter Rand	41.19
Tim Wilkes	41.20
John Humphries	41.42
Mark Lowther	43.01
Terry Bissett	43.25
Dick Clark	43.28
Men M60	46 mins
Geoff Newton	38.25
Peter Rand	39.54
Steve Hutton	42.40
Phil Fenton	43.29
Dudley Baker	43.52
John Humphries	44.40
Steve Hill	45.58
Dick Clark	45.59
Men M70	52 mins
Geoff Newton	44.30
Phil Fenton	50.36
Senior Ladies	40 mins
Viv Hill	38.18
Phyllis Flynn	38.33
Judy Oakley	39.26
Ladies F35	45 mins
Hazel Imeson	38.34
Rebecca Willis	40.29
Heather Fenton	41.00
Mary Matthews	42.04
Pauline Bezodis	43.16
Pam Lomoro	44.17
Ladies F40	45 mins
Hazel Imeson	42.58
Mary Matthews	43.19
Ladies F50	50 mins
Hazel Imeson	44.35
Jane Munn	47.19
Heather Fenton	49.51
Mary Matthews	49.54
Ladies F60	55 mins
Hazel Imeson	44.55
Mary Matthews	52.09
Heather Fenton	53.16

21 Miles	
-----------------	--

Jim Brown	34.36
Ray Tolson	34.40
Men M60	37 mins 30
Geoff Newton	31.45
Men M70	40 mins
Geoff Newton	40.00
Senior Ladies	35 mins
Rebecca Willis	31.33
Judy Oakley	31.48
Viv Hill	31.55
Mary Matthews	33.27
Ladies F35	37 mins 30
Hazel Imeson	31.41
Rebecca Willis	32.50
Mary Matthews	33.29
Heather Fenton	34.49
Ladies F40	40 mins
Caroline Bamford	34.35
Mary Matthews	34.52
Hazel Imeson	35.42
Sandra Marsh	36.00
Ladies F50	44 mins
Hazel Imeson	38.52
Mary Matthews	41.00
Jane Munn	42.19
Heather Fenton	43.25
Ladies F60	47 mins 30
Hazel Imeson	38.41
Heather Fenton	46.46

20 Miles	
Senior Men	2 Hrs 25
Ian Cousins	1:52:05
Pat Wright	1:55:17
Paul O'Callaghan	1:57:18
Simon Booth	2:09:56
Steve Hutton	2:10:43
John Melbourne	2:13:38
Mark Todd	2:21:04
Steve Burke	2:21:56
Men M40	2Hrs 35
Dave Williamson	1:59:20
Alan Strachan	2:07:08
Terry Bissett	2:07:29
Mark Todd	2:22:09
Men M50	2 Hrs 45
Roy Harrison	2:15:02
Norman Milton	2:24:42

Men M60	23 mins
Peter Rand	19.15
Geoff Newton	19.17
Steve Hutton	20.50
Phil Fenton	20.55
Dave Fisher	21.41
Steve Hill	21.54
Dick Clark	22.01
Alan Matthews	22.26
Ron Marsh	22.31
Andrew Morrison	22.49
Men M70	26 mins
Geoff Newton	21.40
Phil Fenton	24.59
Senior Ladies	20.30 mins
Ladies F35	21 mins
Hazel Imeson	18.28
Heather Fenton	19.18
Rebecca Willis	20.11
Pam Lomoro	20.28
Caroline Bamford	20.35
Ladies F40	22 mins
Mary Matthews	19.18
Hazel Imeson	21.13
Ladies F50	27 mins
Hazel Imeson	20.59
Heather Fenton	23.35
Jane Munn	23.54
Mary Matthews	24.05
Helene Hill	26.52
Ladies F60	30 mins
Hazel Imeson	22.43
Mary Matthews	24.46
Heather Fenton	25.54
Helene Hill	26.57

2 Miles (Road & Track)	
Senior Men	11 mins
Peter Parker	10.01
Graham Turner	10.55
Men M40	12 mins
Ron Marsh	10.29
Dick Clark	11.20
Men M50	13 mins
Ron Marsh	11.16
Phil Fenton	12.02

1 Mile (Road & Track)	
----------------------------------	--

Senior Men	2 Hrs 35
Paul O' Callaghan	2:04:05
Pat Wright	2:04:40
Dave Freeman	2:08:41
Mark Todd	2:28:26
Men M40	2 Hrs 45
Dave Freeman	2:08:16
Steve Hutton	2:20:56
Mark Todd	2:29:17
Colin Woods	2:39:58
Men M50	2 Hrs 55
Steve Hutton	2:37:20
Men M60	3 Hrs 10
Graham Hockings	2:58:50
Senior Ladies	2 hrs 55
Ladies F40	3 Hrs 10
Ladies F50	3 Hrs 30
Ladies F60	3 Hrs 45

Steve Hutton	2:27:16
Men M60	3 Hrs
Steve Hutton	2:29:27
Graham Hockings	2:55:06
Senior Ladies	2 hrs 45
Hazel Imeson	2:30:17
Mary Matthews	2:35:00
Stephanie Wilmot	2:44:30
Ladies F40	2 Hrs 55
Sandra Marsh	2:39:59

ULTRA SECTION

100 MILES	
Senior Men	20hrs
John Melbourne	16:00:24
Men M50	24hrs
Paul Taylor	23:43:24
100km	
Senior Men	12hrs
John Melbourne	9:50:09
Simon Booth	10:35:00
50 Miles	
Senior Men	9hrs 30
Simon Booth	7:38:32
John Melbourne	7:47:36
Phil Stevens	9:04:05
Men M50	10hrs 30
Paul Taylor	9:37:35
80k	
Senior Men	9hrs 25
John Melbourne	7:06:58
60k	
Senior Men	6 hrs
John Melbourne	4:46:45

Senior Men	5.30 mins
Dave Halloway	4.44
John Wilmot	5.17
John Melbourne	5.23
Men M40	6 mins
Dave Freeman	5.12
Dave Williamson	5.15
Mark Todd	5.53
Men M50	6 mins 15
Mark Lowther	6.15
Men M60	6 mins 30
Peter Rand	5.59
Steve Hutton	6.11
Men M70	7 mins 30
Senior Ladies	6 mins 45
Sarah Bell	6.41
Ladies F35	7 mins
Pam Lomoro	6.20
Ladies F40	7 mins 15
Ladies F50	7 mins 30
Jane Munn	6.45
Ladies F60	8 mins
Hazel Imeson	6.42
Mary Matthews	7.46